

MENU RESTAURACJI

Springo!

Targowa 72, 03-734 Warszawa, Polska

POZYCJI W MENU
42

KATEGORII
7

STAN NA DZIEŃ
14.10.2026

Dania i ceny

Ceny i dostępność mogą ulec zmianie. Dokument nie zawiera ocen użytkowników.

SAŁATKI

8

Fresh Salmon Salad

34,99 zł

Mix of lettuces, salmon, fresh cucumber, dried tomatoes, avocado, seeds, sunflower sprouts, croutons and vinaigrette sauce.

Hawaiian Salad

32,99 zł

Mix of lettuces, pineapple, chili chicken, cheese, fresh cucumber, croutons, cherry tomato, sunflower sprouts, and vinaigrette sauce.

Bacon Avocado Salad

35,99 zł

Mix of lettuces, roasted bacon, avocado, herb chicken, sunflower sprouts, cherry tomato, onion, baked potatoes, seeds, and balsamic sauce.

Chicken Cobb Salad

36,99 zł

Mix of lettuces, egg, blue cheese, baked bacon, herb chicken, baked potatoes, chives, and honey-mustard sauce.

Sałatka Sunny Greece

30,99 zł

Mieszanka sałat, oliwki, hummus klasyczny, ser typu greckiego, pomidor cherry, kurczak w ziołach, ogórek świeży, cebula, sos winegret lub oliwa z oliwek

Nicea salad

32,99 zł

Salad mix, tuna, onion, fresh cucumber, olives, cherry tomato, egg, baked potatoes, chives, vinaigrette sauce

Vege Panir Salad

34,99 zł

Mix of lettuces, panir cheese, baked sweet potatoes, seeds, sunflower sprouts, classic hummus, cherry tomato, beans, and vinaigrette sauce.

Mexican Beef Salad

38,99 zł

Mix of lettuces, beef, beans, onion, avocado, pepper, cherry tomato, baked potatoes, cheese, and chili sauce.

OWN COMPOSITION

4

Own Wrap Composition XL

33,99 zł

Own Salad Composition XL

35,99 zł

Own Wrap Composition XXL

40,99 zł

Own Salad Composition XXL

42,99 zł

WRAPS

10

Wrap English Breakfast
31,99 zł

Salad mix, onion, tomato, egg, bacon, millet, chives, mustard-honey sauce, vinaigrette sauce

Wrap Sunny Salmon
29,99 zł

Mieszanka sałat, papryka świeża, kasza owsiana, łosoś, mango, papryczki jalapeno, ogórek świeży, jajko, sezam czarny, sos winegret

Blue One Wrap
31,99 zł

Mix of lettuces, spinach, chili chicken, roasted almonds, apple, tomato, fresh cucumber, onion, sunflower sprouts, blue cheese, vinaigrette sauce, and honey-mustard sauce.

Vegan Garden Wrap
34,99 zł

Salad mix, pearl barley, roasted seitan, mango, onion, sunflower sprouts, fresh pepper, beetroot, grains, roasted chickpeas, springo vegan sauce, orange sauce.

Chicken Kebab Wrap
30,99 zł

Mix of lettuces, white cabbage, chili chicken x2, red cabbage, onion, bell pepper, fresh cucumber, yoghurt sauce, and chili sauce.

Wrap Chicken Falafel
31,99 zł

Mieszanka sałat, szpinak, falafel z czerwonej soczewicy, hummus klasyczny, kurczak w ziołach, cebula marynowana, pomidor, ogórek świeży, sos chilli, sos jogurtowy

Mango Thai Wrap
31,99 zł

Mix of lettuces, fresh mango, chili chicken, carrots, fresh cucumber, grains, red cabbage, coriander, red onion, pearl barley, peanut sauce, and chili sauce.

Tuna Avocado Wrap
30,99 zł

Mix of lettuces, tuna, egg, tomato, onion, avocado, chives, celery, oat groats, fresh cucumber, yoghurt sauce, and vinaigrette sauce.

Grecki Wrap
31,99 zł

Mix of lettuces, baked sweet potatoes, baked potatoes, chicken in herbs, Greek type cheese, onion, bell pepper, tomato, chives, and arugula sauce.

Mango Beef Wrap
31,99 zł

Mix of lettuces, mango, beef, edamame beans, red cabbage, fresh bell pepper, fresh cucumber, oatmeal, mango chili sauce, and chili sauce.

BURGERY

3

Vege Meksyk
28,99 zł

Mixed salad, mexican burger with millet, guacamole, onion, tomato, fresh cucumber, yellow cheese, chili sauce.

Avocado Chilli Vegeburger
31,99 zł

Mix of lettuces, chicken vegeburger, avocado, tomato, pickled cucumber, onion, springo vegan sauce, and chili sauce.

Vege Cieciora
26,99 zł

Mix of lettuces, vegeburger chickpeas, hummus from carrots and pumpkin, feta type cheese, tomato, onion, marinated onion, pepper, sunflower sprouts, Springo vegan sauce.

DANIA GŁÓWNE

6

Italian Pasta Bowl

29,99 zł

Mix of lettuces, pasta, mozzarella, basil, sun-dried tomatoes, onion, cherry tomato, olives, fresh cucumber, seeds, arugula sauce.

Thai Beef Bowl

30,99 zł

Mix of lettuces, carrot, beef, oatmeal, fresh cucumber, edamame beans, red cabbage, bell pepper, sesame, and mango chili sauce.

Salmon Cobb Bowl

33,99 zł

Mix of lettuces, millet, salmon, onion, cherry tomatoes, egg, cheese, bacon, and honey-mustard sauce.

Tofu Vegan Bowl

31,99 zł

Mix of lettuces, quinoa, dried tomatoes, seeds, tofu baked with sesame seeds, fresh cucumber, onion, cherry tomato, pumpkin and carrot hummus, walnuts, orange sauce, and chili sauce.

Cuban Chicken Bowl

29,99 zł

Mix of lettuces, quinoa, chili chicken, roasted bell pepper, pineapple, beans, fresh cucumber, red onion, coriander, yellow cheese, and chili sauce.

Corn Beef Bowl

30,99 zł

Spinach, baked potatoes, beef, blue cheese, bell pepper, corn, beetroot, onion, sesame, fresh basil, and vinaigrette sauce.

TASTY WITH A LOW GLYCEMIC INDEX

4

Bowl Tofu Sweet Potato

30,99 zł

Mixed salad, baked sweet potatoes, cherry tomato, baked pepper, baked tofu, onion, pea paste with mint, fresh cucumber, olive oil.

Salad Chicken Pasta Avokado

31,99 zł

Salad mix, avocado paste, egg, fresh cucumber, sunflower sprouts, fresh pepper, cherry tomatoes, chilli chicken, oat groats, seeds, yogurt sauce.

Bowl Curry Vege Falafel

29,99 zł

Salad mix, quinoa, falafel, lentils, fresh pepper, onion, curry sauce with vegetables, peanut sauce, coriander.

Bowl Curry Beef

32,99 zł

Spinach, pearl barley, cherry tomato, dried tomato, beef, curry sauce with vegetables, peanut sauce, coriander.

NAPOJE

7

Mango Energy Lemonade Orange, mango, and lemon. 15,50 zł	Spring Energy Juice Kale, apple, lemon, cucumber, and mint. Low in calories, rich in green vegetables full of chlorophyll. 18,50 zł
Pineapple Power Juice Pineapple, pear, apple. It speeds up fat burning and adds energy. 18,50 zł	Strawberry Refreshment Lemonade Strawberry, lemon, and coconut water. 15,50 zł
Cabbage Detox Juice White and red cabbage, celery, apple, lemon. Cleansing, anti-inflammatory, regenerating the body. 18,50 zł	Green Melon Juice Melon, apple, lemon, parsley. Fresh and refreshing, it quenches your thirst perfectly. 18,50 zł
Citrus Freshness Lemonade Orange, lemon. 15,50 zł	